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Counseling Center

Support for Undocumented and DACA Students

The mission of the University of Miami Counseling Center (UMCC) is to support all students from all backgrounds. As such, the life of undocumented and DACA students may be filled with unique stressors. These stressors may include feelings of loneliness and isolation, uncertainty about the future, depression, anxiety, and relationship stress. These pressures may be compounded by your own, or your family's, legal status and societal opinion about immigration. The UMCC is staffed by mental health professionals ready to support the emotional and mental wellness of our diverse student body. The UMCC provides individual and group counseling, emergency and crisis appointments, consultation, and online resources. We encourage you to take the following affirmative steps toward your mental wellness:

- To consult about your situation and/or inquire about joining a group tailored to your needs, call the UMCC at 305-284-5511 or email Dr. Rene Monteagudo at Rmonteag@miami.edu. Should the need arise, we are more than willing to initiate support groups for students dealing with family members that may face removal or out of legal status.
- To schedule an appointment, call 305-284-5511 or stop by our office. Click [here](#) for information on accessing services from the Counseling Center.
- To access emergency services, click [here](#).
- To access our online resources page, click [here](#) to complete a mental health screening or review the interactive tool, ReactOnline, if you are experiencing or have experienced a traumatic situation.
- To access our self-help resources, which are full of mental health topics for students who may be struggling on campus, click [here](#).

There are no additional charges for counseling services for enrolled and health fee-paying students. The services at UMCC are confidential and do not appear on your academic record.

Your well-being is our concern and we welcome you to contact us should you have any questions about the UMCC and our services.

A handwritten signature in black ink that reads "Rene Monteagudo, Ph.D.".

Rene Monteagudo, Ph.D.
UMCC Director